

CONTACT:
Center for Ecological Technology
413-445-4556
Jamie Cahillane, ext. 14

Four free workshops about cultivating healthy lawns and gardens

Four free workshops on how to cultivate healthy lawns and gardens will be offered this spring by the Center for Ecological Technology (CET). During the workshops, the seasoned and beginner gardener alike will be introduced to simple, preventive measures that help create beautiful, diverse landscapes that will thrive without the excessive use of harmful chemicals.

Dates and locations for the workshops are as follows:

- **Saturday, March 15, 10 a.m. at Ward's Nursery in Great Barrington**
To register, call Ward's at 528-0166, or register online at www.wardsnursery.com
- **Saturday, April 5, 10 a.m. at Holiday Farm in Dalton**
To pre-register, call CET at 445-4556 ext. 17 or email amandad@cetonline.org
- **Saturday, April 26, 10 a.m. at Williamstown Rural Lands Foundation**
To pre-register, call CET at 445-4556 ext. 17 or email amandad@cetonline.org
- **Saturday, May 3, Green Living Fair, Lenox High School**
To pre-register, call CET at 445-4556 ext. 17 or email amandad@cetonline.org

These workshops provide an opportunity to learn an approach to garden and lawn care called Integrated Pest Management, which focuses on ways to promote plant health that will make lawns and gardens less susceptible to drought, weeds and pests.

Landscape designer Sarah Shepard will be the featured speaker at the workshops. She has operated Sarah Shepard Designs since 1990, specializing in environmentally sound residential landscape designs in the Berkshires and southern Vermont. She is a member of the Ecological Landscaping Association and has a degree in landscape architecture.

For more information, visit www.cetonline.org or contact Jamie Cahillane at jamiec@cetonline.org or call 413-445-4556, ext 14.

This project is funded by the U.S. Department of Agriculture's Rural Development Administration. CET is a non-profit organization working in the fields of energy efficiency, renewable energy, waste management and environmental education. CET provides practical solutions that make sense for our community, economy and environment. CET is an equal opportunity service provider and is funded in part by the Massachusetts Cultural Council.